The Gospel of John  
**X.X - I AM THE TRUE BREAD OF LIFE – JOHN 6:22-35**

**LET’S OPEN OUR BIBLES TO JOHN 6**

**TEXT**

John 6:22–36 (ESV) **22**On the **next day** the **crowd** that remained on the other side of the sea saw that there **had been only one boat there**, and that **Jesus had not entered the boat with his disciples**, but that his disciples had gone away alone. **23**Other boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks. **24**So when the crowd saw that **Jesus was not there, nor his disciples**, they themselves got into the boats and **went to Capernaum, seeking Jesus**. **25**When they found him on the other side of the sea, they said to him, “**Rabbi, when did you come here?**” **26**Jesus answered them, “Truly, truly, I say to you, you are seeking me, **not because you saw signs, but because you ate your fill of the loaves**. **27Do not work for the food that perishes**, but for the **food that endures** to eternal life, which the **Son of Man will give to you**. For on him God the Father has **set his seal**.” **28**Then they said to him, “**What must we do**, to be doing the works of God?” **29**Jesus answered them, “This is the work of God, that you **believe in him whom he has sent**.” **30**So they said to him, “Then **what sign do you do**, that we may see and believe you? **What work do you perform?** **31**Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’ ” **32**Jesus then said to them, “Truly, truly, I say to you, **it was not Moses** who gave you the bread from heaven, **but my Father** gives you the true bread from heaven. **33For the bread of God is he who comes down from heaven and gives life to the world**.” **34**They said to him, “Sir, give us this bread always.” **35**Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. **36**But I said to you that you have seen me and yet do not believe.

Today message does not have the action or miracles of the last two weeks. We are privileged to hear explanations and teaching straight from Jesus. Today we hear teaching about stewarding biblical signs, what must we do to do the work of God, and the true bread that nourishes us.

**STEWARDING BIBLICAL SIGNS**

V22-24 **22On the next day** the crowd that remained on the other side of the sea saw that there had been **only one boat** there, and that **Jesus had not entered the boat with his disciples**, but that his disciples had gone away alone. **23Other boats from Tiberias** came near the place where they had eaten the bread after the Lord had given thanks. **24**So when **the crowd saw** that Jesus was not there, nor his disciples, they themselves **got into the boats and went to Capernaum**, **seeking Jesus**.

V25 **25**When they found him on the other side of the sea, they said to him, “**Rabbi, when did you come here?”**

Though the crowd from the eastern side of the sea of Galilee found Jesus on the other side they were **confused on both when and how he got there** - They **knew nothing of Jesus walking on water** to get to his disciples

Jesus spoke all or at least if not all of his dialog in John 6 in the **synagogue** in Capernaum

**John 6:59 (ESV)** **59**Jesus said these things in the synagogue, as he taught at Capernaum.

Jesus does not answer their “when” question but instead he speaks directly to the reason why they are seeking him – they ate bread and were satisfied.

V26 **26**Jesus answered them, “Truly, truly, I say to you, you are seeking me, **not because you saw (understood – NLT) signs**, but because you ate your fill of the loaves.

**But they did see: John 6:14–15 (ESV)** **14**When the people **saw the sign** that he had done, they said, “This is indeed the **Prophet** who is to come into the world!” **15**Perceiving then that they were about to come and take him by force to make him **king**, Jesus withdrew again to the mountain by himself.

**The** sign was like the outside wrapper or box holding a gift or treasure within - superficial

Jesus was saying that you want me because I fed you not because you understood the **spiritual significance of your physical feeding**. You thought and are thinking about **the bread** but what about **the bread giver** … the life giver. Do you only want what I can give you or do you want me?

**John defines the purpose of signs: John 20:30–31 (ESV)** **30**Now Jesus did many other **signs** in the presence of the disciples, which are not written in this book; **31**but these are written so that you **may believe that Jesus is the Christ**, the Son of God, and that **by believing you may have life in his name**.

Even as he uncovers and exposes our **ulterior motives** he still loves us; ask the **rich young ruler** (what shall I do that I may inherit eternal life):

**Mark 10:21–22 (ESV)** **21**And Jesus, looking at him, **loved him, and said to him**, “You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me.” **22**Disheartened by the saying, he went away sorrowful, for he had great possessions.

Are we interested in Jesus for only what Jesus can do for us? Do not get it wrong Jesus wants to bless us, we are his daily delight. He says

**Matthew 11:28–30 (ESV)** **28Come to me, all who labor and are heavy laden, and I will give you rest**. **29**Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. **30**For my yoke is easy, and my burden is light.”

**John 16:24 (ESV)** **24**Until now you have asked nothing in my name. **Ask, and you will receive, that your joy may be full**.

Remember this group called him prophet and want to make him king but they did not know Jesus, what he would have to suffer for mankind, what it would take to follow him and how well worth-it it is.

**Philippians 3:10–11 (ESV)** **10**that **I may know him** and the power of his resurrection, and may share his sufferings, becoming like him in his death, **11**that by any means possible I may attain the resurrection from the dead

**WHAT MUST WE DO TO DO THE WORK OF GOD**

V27-29 **27**Do not work for the food that perishes, but for the food that **enduresa** **(nourishes, builds you up, energizes, sustains)** to eternal life which the Son of Man **(Dan 7:13, Luke 24:7, Acts 7:56)** will give to you. For on him God the Father has set his seal **(makes secure, confirms, grants authority, approval)**.” **28**Then they said to him, “What must we do, to be doing the works of God?” **29**Jesus answered them, “This is the work of God, that you **believe** in him whom he has sent.”

***a 3306***. **μένω** **menō**; a prim. vb.; *to stay, abide, remain*:—abide(16), abides(22), abiding(4), await(1), continue(4), continues(1), endures(3), enduring(1), lasting(2), lives(1), living(1), remain(20), remained(6), remaining(1), remains(8), stand(1), stay(11), stayed(11), staying(3), waiting(1).[[1]](#footnote-1)

**Luke 24:7 (ESV)** **7**that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise.”

**Acts 7:56 (ESV)** **56**And he said, “Behold, I see the heavens opened, and the Son of Man standing at the right hand of God.”

**Daniel 7:13–14 (ESV**) **13**“I saw in the night visions, and behold, with the clouds of heaven there came one **like a son of man**, and he came to the Ancient of Days and was presented before him. **14**And **to him was given dominion and glory and a kingdom**, that all peoples, nations, and languages should serve him; his dominion is an everlasting dominion, which shall not pass away, and his kingdom one that shall not be destroyed.

The work is to believe (have faith) but to believe in him

Believe in him is more than cognitive agreement. It is to rest, trust, hope in him.

**Ephesians 2:8–10 (ESV)** **8**For by grace you have been saved through **faith**. And this is not your own doing; it is the gift of God, **9**not a result of works, so that no one may boast. **10**For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should **walk** in them.

**James 2:17–20 (ESV)** **17So also faith by itself, if it does not have works, is dead**. **18**But someone will say, “You have faith and I have works.” Show me your faith apart from your works, and I will show you my faith by my works. **19**You believe that God is one; you do well. Even the demons believe—and shudder! **20**Do you want to be shown, you foolish person, that faith apart from works is useless?

**What is the heart of the matter to believe (put your trust and rest) in Jesus**

**THE TRUE BREAD THAT NOURISHES US**

V30-31 **30**So they said to him, “**Then what sign do you do, that we may see and believe you**? What work do you perform? **31**Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’ **(Ps 78:24)**”

Moses feed 2 to 3 million people 6/7 days a week for 40 years and Jesus turns water into wine, heals the sick, lame, tormented, stills the wind, raises the dead and he was this witness:

**Matthew 17:5 (ESV)** **5**He was still speaking when, behold, a bright cloud overshadowed them, and a voice from the cloud said, “**This is my beloved Son, with whom I am well pleased; listen to him.**”

V32-33 **32**Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you **the true bread from heaven**. **33**For the bread of God is he who comes down from heaven and **gives life to the world**.”

V34 **34**They said to him, “Sir, give us this bread always.”

Matthew 6:11 (ESV) **11** Give us this day our daily bread,

V35 **35**Jesus said to them, “**I am** the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. **36**But I said to you that you have seen me and yet do not believe. – 48, 51

**Matthew 4:4 (ESV)** **4**But he answered, “It is written, “ ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’ ”

**John 7:37–38 (ESV)** **37**On the last day of the feast, the great day, Jesus stood up and cried out, “If anyone thirsts, let him come to me and drink. **38**Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’ ”

Jesus came not only to give bread but to be bread. He is spiritual bread to the soul as natural bread is to the body

Jesus’ primary concern was to give us eternal life first and foremost

The seven I am’s (I am that I am) bread (6), light (8), door, good shepherd (10), resurrection (11), 14 (way, truth, life), 15 (true vine)

Prayer

**STEWARDING BIBLICAL SIGNS – deeper understanding from Jesus**

**WHAT MUST WE DO TO DO THE WORK OF GOD – faith in Jesus**

**THE TRUE BREAD THAT NOURISHES US – Feed on Jesus**

1. Thomas, R. L. (1998). [*New American Standard Hebrew-Aramaic and Greek dictionaries : updated edition*](https://ref.ly/logosres/nasbdict?ref=GreekStrongs.3306&off=1&ctx=+~3306.+%CE%BC%CE%B5%CC%81%CE%BD%CF%89+meno%CC%84%3b+a+prim.+vb.%3b+to+stay). Anaheim: Foundation Publications, Inc. [↑](#footnote-ref-1)