**Breakthrough & Deliverance**

When you’ve Truly Broken Through

I’ve been getting to know the Lord better already on this fast…

-Just talking and being with the Lord for extended period of time grows you closer

**STORY: Mar “Tell me a story like you used to on the phone we were dating…” Me “I never did that…” “Oh, that must have been someone else”…**

* Did you know that God wants you to experience both true breakthrough and deliverance!
  + Fasting and prayer is one of the best ways to see this happen

**Isaiah 58:6 [Read aloud]** *“Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?”* [Walk them through the 4 things…]

-This is talking about what God wants to do through you, but also certainly IN YOU!

**Matthew 17:14-21** *“And when they had come to the multitude, a man came to Him, kneeling down to Him and saying,****15****“Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water.****16****So I brought him to Your disciples, but they could not cure him.”* ***17****Then Jesus answered and said, “O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me.”****18****And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour.* ***19****Then the disciples came to Jesus privately and said, “Why could we not cast it out?”* ***20****So Jesus said to them, “Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you.****21****However, this kind does not go out except by prayer and fasting.”*

-This also is what God is wanting to do through you

-However, there are probably some things in our lives’ that won’t come out except through prayer and fasting.

-I know that’s how it was for me…

**NOTE: If you haven’t started The 40 days of Preparation with us. You’re not too late! Jump on board!**

* Describe breakthrough…
  + Like a massive dam… It starts to crack, but then you know when it’s broken through
  + If you start to press up against a wall, you experience a resistance
* **WRITE THIS DOWN:** If there’s no resistance, there’s no breakthrough…
  + **EXAMPLE:** Walking for me vs walking for Adonay after a torn achilles
    - I wouldn’t say, I had a breakthrough today, I walked.
    - Adonay had a breakthrough. He’s now walking on it.
      * Why is it a breakthrough for him?
      * Because there’s been resistance. Because there’s been pain.
  + God has breakthrough for you!
    - Don’t allow resistance to discourage you.
* Stopping letting resistance be a reason to give up!
* **EXAMPLE:** Some of push until we reach a wall

**STORY:** Fasting Testimony… The moment I truly broke through… Put on the love walk.

It’s easier to sit with your back against a wall than it is to start pushing on it…

**Exodus 5:6-22** [LAY CONTEXT]So the same day Pharaoh commanded the taskmasters of the people and their officers, saying, **7**“You shall no longer give the people straw to make brick as before. Let them go and gather straw for themselves. **8**And you shall lay on them the quota of bricks which they made before. You shall not reduce it. For they are idle; therefore they cry out, saying, ‘Let us go *and*sacrifice to our God.’ **9**Let more work be laid on the men, that they may labor in it, and let them not regard false words.”

**10**And the taskmasters of the people and their officers went out and spoke to the people, saying, “Thus says Pharaoh: ‘I will not give you straw. **11**Go, get yourselves straw where you can find it; yet none of your work will be reduced.’ ” **12**So the people were scattered abroad throughout all the land of Egypt to gather stubble instead of straw. **13**And the taskmasters forced *them* to hurry, saying, “Fulfill your work, *your* daily quota, as when there was straw.” **14**Also the officers of the children of Israel, whom Pharaoh’s taskmasters had set over them, were beaten *and* were asked, “Why have you not fulfilled your task in making brick both yesterday and today, as before?”

**15**Then the officers of the children of Israel came and cried out to Pharaoh, saying, “Why are you dealing thus with your servants? **16**There is no straw given to your servants, and they say to us, ‘Make brick!’ And indeed your servants *are* beaten, but the fault *is* in your *own* people.”

**17**But he said, “You *are* idle! Idle! Therefore you say, ‘Let us go *and* sacrifice to the Lord.’ **18**Therefore go now *and* work; for no straw shall be given you, yet you shall deliver the quota of bricks.” **19**And the officers of the children of Israel saw *that* they *were* in trouble after it was said, “You shall not reduce *any* bricks from your daily quota.”

-GOD SENT THEIR BREAKTHROUGH AND DELIVERANCE. THE SAME DAY THINGS GOT HARDER

**20**Then, as they came out from Pharaoh, they met Moses and Aaron who stood there to meet them. **21**And they said to them, “Let the Lord look on you and judge, because you have made us abhorrent in the sight of Pharaoh and in the sight of his servants, to put a sword in their hand to kill us.” **22**So Moses returned to the Lord and said, “Lord, why have You brought trouble on this people? Why *is* it You have sent me? 23For since I came to Pharaoh to speak in Your name, he has done evil to this people; neither have You delivered Your people at all.”

-MOSES IN VERSE 22 DOESN’T UNDERSTAND WHAT’S GOING ON.

-HE THINKS IT GETTING HARDER MEANS THAT THE DELIVERANCE ISN’T COMING

Let me continue on as we close in Exodus 6…

**Exodus 6:1-7** Then the Lord said to Moses, “Now you shall see what I will do to Pharaoh. For with a strong hand he will let them go, and with a strong hand he will drive them out of his land.” **2**And God spoke to Moses and said to him: “I *am* [[a](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1658a)]the Lord. **3**I appeared to Abraham, to Isaac, and to Jacob, as God Almighty, but *by* My name Lord[[b](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1659b)] I was not known to them. **4**I have also [[c](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1660c)]established My covenant with them, to give them the land of Canaan, the land of their [[d](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1660d)]pilgrimage, in which they were [[e](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1660e)]strangers. **5**And I have also heard the groaning of the children of Israel whom the Egyptians keep in bondage, and I have remembered My covenant. **6**Therefore say to the children of Israel: ‘I *am* the Lord; I will bring you out from under the burdens of the Egyptians, I will rescue you from their bondage, and I will redeem you with [[f](https://www.biblegateway.com/passage/?search=Exodus%206&version=NKJV#fen-NKJV-1662f)]an outstretched arm and with great judgments. **7**I will take you as My people, and I will be your God. Then you shall know that I *am* the Lord your God who brings you out from under the burdens of the Egyptians.

Explain…

**Galatians 6:9** *“And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.”\*

DO NOT GROW WEARY WHILE DOING GOOD.

BREAKTHROUGH AND DELIVERANCE MAY BE RIGHT AROUND THE CORNER

PRAY